

AGENDA

Friday, 13th September 2013	
9.00am	Introduction - Denis Egan (Chairman I.C.H.S.W.J.) Welcome address - Denis Drazin (Monmouth Park)
Session 1 – “The challenges of making weight” (20 mins)	
9.10am	Overview of implications of making weight practices - SarahJane Cullen/Kate O’Brien (DCU) <ul style="list-style-type: none"> • Other sports • Sports specific data • Strategies/best practices • Global perspective • Overview of literature
9.30am	Setting minimum weights – multi-nation perspective (1 hour) <ul style="list-style-type: none"> • Ireland – Dr. Adrian McGoldrick (10 mins) • Great Britain – Dr. Michael Turner (10 mins) • France – Dr. Benoit Le Masson (10 mins) • Australia – Kevin Ring (10 mins) • USA – Robert Colton (10 mins) • Questions & Answers (10 mins)
10.30am	Discussion (30 mins)
11am -11.15am	Tea & Coffee
Session 2 – “New treatments for Brain and Spinal Cord Injury” (1 hour)	
11.15am	<ul style="list-style-type: none"> • The Miami Project Experience – W. Dalton Dietrich, Ph.D. Scientific Director, The Miami Project to Cure Paralysis • Discussion
Session 3 – “Concussion”	
12.15pm	<ul style="list-style-type: none"> • Concussion systems – Dr. Michael Turner (30 mins) • Questions and Answers (15 mins)
1pm – 2pm	Lunch
Session 4 – “Insurance and Falls”	
2pm	<ul style="list-style-type: none"> • The critical insurance issues we must address – Denis Egan (30 mins) • Oaksey House – Dr Anna-Louise McKinnon (20 mins) • Fall/injury prevention – Daloni Lucas (20 mins) • Discussion (10 mins)
3.20pm – 3.35pm	Tea & Coffee
Session 5 – “Jockeys Associations”	
3.35pm	<ul style="list-style-type: none"> • Associations to update on issues that are of concern to them (40 mins)
Session 6 – “Country /Organisation Updates – Part 1” (max 10 mins each)	
4.15pm – 4.45pm	<ul style="list-style-type: none"> • Hong Kong – Steve Ralton (10 mins) • Australia – Dr. Gary Zimmerman (10 mins) • National Steeplechase Association – Peter McGivney (10 mins)



I.C.H.S.W.J.
International Conference
Health, Safety & Welfare of Jockeys

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Saturday, 14th September 2013

Session 1 – “Prohibited Substance”

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| 9.00am | <ul style="list-style-type: none"> • Survey results – Denis Egan (20 mins) • Discussion on results and possibility of harmonization (15 mins) • Jockeys Associations join the meeting to raise any points on this topic (15 mins) |
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Session 2 – “Nutrition and Hydration”

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| 9.50am | <ul style="list-style-type: none"> • The importance of nutrition – Gillian O’Loughlin (15 mins) • Physiological profile of Hong Kong jockeys – John O’Reilly (30 mins) • Jockey Apps for iphones – (My Fitness Pal, Map My Run) – SarahJane Cullen, Robert Colton (15 mins) |
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10.50-11.05am	Tea & Coffee
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Session 3 – “Jockeys Pathway”

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| 11.05am | <ul style="list-style-type: none"> • Update on Irish work – SarahJane Cullen (15 mins) • Work of North American Racing Academy – Chris McCarron (20 mins) • Aging Jockeys Health Issues – Dr. Adrian McGoldrick & SarahJane Cullen (20 mins) • An Ecological Perspective on Aging in the Horseracing Industry – Challenges in the U.S. Workforce – Dr. Karin Opacich (30 mins) • Discussion (20 mins) |
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12.50 – 1.45pm	Lunch
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Session 4 – “Synthetic Tracks”

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| 1.45pm | <ul style="list-style-type: none"> • Review and data on injuries and falls on synthetic tracks v turf tracks in Australia – Kevin Ring (25 mins) • The British experience – Dr. Michael Turner (20 mins) • Discussion (15 mins) |
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Session 5 – “Safety Equipment”

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| 2.45pm | <ul style="list-style-type: none"> • Helmets – the European Standard – Dr. Adrian McGoldrick (10 mins) • New Australian helmets demonstration – Brendan Denning (10 mins) • Safety vests, goggles and gum shields – Various (10 mins) |
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3.15-3.30pm	Tea & Coffee
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Session 6 – “Country/Organisation Updates – Part 2” (max 10 mins each)

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| 3.30pm | <ul style="list-style-type: none"> • Great Britain – Dr. Michael Turner • Germany – Dr. Peter Wind • Ireland – Dr. Adrian McGoldrick • OSAF – Dr. Rita Rocca • France – Dr. Benoit Le Masson • Jockeys Guild – Jeff Johnston |
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4.45pm	<p>Conclusion</p> <ul style="list-style-type: none"> • Location, topics and format
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5.00pm	Conference concludes
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